**Name of the Assistant Professor**: **Dr.Sunita** **Subject**: Psychology

**Class and section**: B.A. 1st year (1st Sem) **Pape**r: Introduction to psychology

 Lesson Plan: From 22 Aug ,2022 to 30 Nov,2022

|  |  |
| --- | --- |
| Aug, 4th week  | Meaning of psychology and its definition History of psychology |
|  5th Week  | Emergence as scienceParameter of science |
| Sep 1st Week  | Subject matter of psychology What is experimental method?  |
|  2nd Week  | Merits and Demerits of Experimental methodWhat is observation method?Merits and Demerits of observation method What is Survey method?Merits & Demerits of Survey method |
|  3rd Week   | What are sense organs? Meaning of sensory processRole of eye in our lifeStructure and Functioning of Visual process Role of ear in our lifeStructure and function of ear in auditory process |
|  4th Week  | Meaning of perception and its definitionCharacteristics of perceptionForm perception Perceptual organization process |
|  5th week  | What are cues in perceptionMonocular and Binocular cues in perception  |
| October 1st week | Test-1 |
|  2nd week  | Emotion its definition and Characteristics External and Internal bodily changes Theory of James-Lange and Criticism |
|  3rd week  | Theory of Canon-BardCriticism of Canon-Bard theory Theory of Schachter-SingerCriticism of Schachter-Singer theory. |
|  4th week  | Meaning of motivationDeterminants of motive Process of Motivation cycleExplanation of Need, drive, and IncentivePsychological (Acquired) motivesBiological (Inherent) motive |
|  5th week  |  Test-2 |
|  November 1st week | Meaning and nature of personalityBiological Determinants of personalitySocial Determinants of personality  |
|  2nd week | Psychological Determinants of personality Trait theory of personalityType theory of personality |
|  3rd week | Spearman theory of intelligenceThurstone theory of intelligence Cattell theory of intelligence |
| 4th and 5th week | Revision of 1st unitRevision of 2nd unitRevision of 3rd unit Revision of 4th unit |
| **Practical will be Conducted** |
| Practical 1st - 25/08/2022 to 10/9/2022 |  EPQ/EPI  |
| Practical 2nd 12/9/2021 to 24/9/2022 | Sound Localization |
| Practical 3rd 27/9/2021 to 08/10/2022 | Study of emotions. |
| Practical 4th 10/10/2022 to 20/10/2022 | Simple reaction time |
| Practical 5th 21/10/2022 to 05/11/2022 | Performance Test of Intelligence/RPM. |
| Practical 6th 07/11/2021 to 16/11/2022 | Observation (Speed & accuracy) |
| Practical 17/11/2022 to 30/11/2022 | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |

Name of the Assistant Professor: **Dr. Sunita** Subject: Psychology

Class and section: **B.A. 2nd year (3rd Semester**) Paper: **Social Psychology**

 Lesson Plan: From 16 Aug, 2022 to 30 Nov, 2022)

|  |  |
| --- | --- |
| 3rd &4th week  | Meaning and nature of Social PsychologySubject matter of Social Psychology  |
| 5th Week  | What is socio-metric method ?Use of socio-metric method in the field of social psychology  |
| Sep 1stWeek  | What is socio-metric matrix?What is socio-gram graph? |
| 2nd Week  | Merit of socio-metric methoddemerits of socio-metric methodMeaning of socialization Process of socialization  |
| 3rd Week  | Agencies of socializationMeaning and definition of groupCharacteristics of groupFormation of group  |
| 4th Week  | Types of groupFunction of groupMeaning and Definition of Social Norms |
|  5th week  | Characteristics of Social Norms Formation of Social NormsMeaning and definition of leadershipTypes of leadershipFunction of Leadership Test-1 |
| October 1.10.22 |  Trait theory of leadership |
| 2nd week  | Merits and demerits of trait leadershipSituational theory of leadershipMerits and demerits of situational leadershipTest -2 |
| 3rd week  | Interactional theory of leadershipMerits and demerits of Interactional leadershipMeaning and definition of AttitudeCharacteristics of attitude |
|  4th week  | Development of attitudeFactors responsible for attitude changeMeaning and definition of prejudiceCharacteristics of prejudiceDevelopment of prejudice |
| 5th week  | Meaning and definition of stereotypeCharacteristics of stereotypeFormation of stereotype |
| 31.10.22 | Formation of stereotype |
| November 1st week  | Meaning and definition of pro-social behaviorCharacteristics of pro-social behaviorDeterminants of Pro-social behavior |
| 2nd week  | Cognitive model of Pro-social behaviorMeaning and definition of Aggression |
| 3rd week  | Characteristics of AggressionDeterminants of Aggression Prevention of AggressionRevision of 1st unit |
| 4th and 5th week  | Revision of 2nd unitRevision of 3rd unitRevision of 4th unit |
| Practical 1st - 25/08/2022 to 10/9/2022 | Sociometry |
| Practical 2nd 12/9/2021 to 24/9/2022 | Measurement of Attitude |
| Practical 3rd 27/9/2021 to 08/10/2022 | Stereotypes |
| Practical 4th 10/10/2022 to 20/10/2022 | Aggression Scale |
| Practical 5th 21/10/2022 to 05/11/2022 | Prejudice Scale |
| Practical 6th 07/11/2021 to 16/11/2022 | Leadership Styles |
| Practical 17/11/2022 to 30/11/2022 | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |

**Name of the Assistant Professor**: **Dr.Sunita** **Subject**: Psychology

**Class and section**: B.A. III rd year (5th  Sem) **Pape**r: Psychopathology

 Lesson Plan: (16 Aug 2022 to 30 Nov 2022)

|  |  |
| --- | --- |
| 3rd & 4th week  | Meaning of Psychopathology Meaning and concept of NormalityCharacteristics of Normality  |
| 5th Week  | Characteristics of Abnormality  |
| Sep 1stWeek  | Criterion of Normality and Abnormality Psychological causes of psychopathology  |
| 2nd Week  | Biological model of Psychopathology Psychodynamic model of Psychopathology |
| 3rd Week  | Behavioral model of Psychopathology Cognitive model of Psychopathology  |
| 4th Week  | Meaning of classificationClassification of psychopathology Need for classification of psychopathology |
|  5th week  | What is diagnostic assessmentDetailed explanation of Case history method Merits and Demerits of Case history method  |
| October 1.10.22 |  Test 1 |
| 2nd week  | Detailed explanation of Interview methodMerits and Demerits of Interview method What is projective Technique?Different type of projective Techniques |
| 3rd week  | Merits and Demerits of projective Techniques What do you mean by anxiety based disorderWhat is Generalized anxiety Disorder?Causes ,Symptoms, Prevention of GAD |
|  4th week  | What is Obsessive Compulsive Disorder?Causes ,Symptoms, Prevention of OCD  |
| 5th week  | What is Phobic Disorder?Symptoms , causes, prevention of Phobia disorder  |
| 31.10.22 | Test-2 |
| November 1st week  | Meaning of Unipolar Mood disorder Causes of Unipolar Mood disorder Meaning of Biopolar Mood disorder  |
| 2nd week  | Causes of Bipolar Mood disorder Meaning and definition of substance use/drug abuseSymptoms of drug abuse. |
| 3rd week  | Causes of substance use/drug abuseRehabilitation of substance use/drug abuse |
| 4th and 5th week  | Revision of 1st unit Revision of 2nd unitRevision of 3rd unit Revision of 4th unit |
| **Practical will be conducted** |
| Practical 1st - 25/08/2022 to 10/9/2022 | WAT |
| Practical 2nd 12/9/2021 to 24/9/2022 | Depression Inventory |
| Practical 3rd 27/9/2021 to 08/10/2022 | Anxiety Scale |
| Practical 4th 10/10/2022 to 20/10/2022 | Emotional Intelligence |
| Practical 5th 21/10/2022 to 05/11/2022 | PGI Memory Scale |
| Practical 6th 07/11/2021 to 16/11/2022 | DMI |
| Practical 17/11/2022 to 30/11/2022 | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |