

Lesson Plan: 2023-2024

(From 21 July, 2023 to 24 Nov, 2023)

Name of Teacher : Dr.Sunita

Subject: Psychology

Class : B.A. 1st year (1st Sem)

Paper: Introduction to psychology

Month	Topic
July 2023	Meaning of psychology and its definition History of psychology Emergence as science Parameter of science
August 2023	Subject matter of psychology What is experimental method? What is observation method? What is Survey method? What are sense organs? Meaning of sensory process Structure and Functioning of Visual process Structure and function of ear in auditory process Meaning of perception and its definition Characteristics of perception Form perception Perceptual organization process What are cues in perception Monocular and Binocular cues in perception
September, 2023	Test-I Emotion its definition and Characteristics External and Internal bodily changes Theory of James-Lange and Criticism Theory of Canon-Bard Criticism of Canon-Bard theory Theory of Schachter-Singer Criticism of Schachter-Singer theory. Meaning of motivation Determinants of motive Process of Motivation cycle Explanation of Need, drive, and Incentive Psychological (Acquired) motives Biological (Inherent) motive

October , 2023	Test-2 Meaning and nature of personality Biological Determinants of personality Social Determinants of personality Psychological Determinants of personality Trait theory of personality Type theory of personality Spearman theory of intelligence Thurstone theory of intelligence Cattell theory of intelligence
November, 2023	Revision of 1 st unit Revision of 2 nd unit Diwali Break Revision of 3 rd unit Revision of 4 th unit

Practical will be Conducted

Aug,2023 Practical 1 st Practical 2 nd	EPQ/EPI Sound Localization
Sept,2023 Practical 3 rd Practical 4 th	Study of emotions. Simple reaction time
Oct,2023 Practical 5 th Practical 6 th	Performance Test of Intelligence/RPM. Observation (Speed & accuracy)
Nov,2023	Practical checking and provide time for students who could not complete their practical in the above mentioned schedule

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Lesson Plan: 2023-2024

(From 21 July, 2023 to 24 Nov, 2023)

Name of Teacher : Dr. Sunita

Subject: Psychology

Class : B.A. 2nd year (3rd Sem)

Paper: Social Psychology

Month	Topic
July 2023	Meaning and nature of Social Psychology Subject matter of Social Psychology What is socio-metric method ? Use of socio-metric method in the field of social psychology
Aug,2023	What is socio-metric matrix? What is socio-gram graph? Meaning of socialization Process of socialization Agencies of socialization Meaning and definition of group Characteristics and Formation of group Types and Function of group Meaning and Definition of Social Norms Characteristics and formation of Social Norms Meaning and definition of leadership Types of leadership Function of Leadership Test-1
Sep,2023	Trait theory of leadership Situational theory of leadership Interactional theory of leadership Meaning and definition of Attitude Characteristics of attitude Development of attitude Factors responsible for attitude change Meaning and definition of prejudice Characteristics of prejudice Development of prejudice Meaning and definition of stereotype Characteristics of stereotype Formation of stereotype Test 2

Oct, 2023	Meaning and definition of pro-social behavior Characteristics of pro-social behavior Determinants of Pro-social behavior Cognitive model of Pro-social behavior Meaning and definition of Aggression Characteristics of Aggression Determinants of Aggression Prevention of Aggression
November 2023	Revision of 1 st unit Revision of 2 nd unit Diwali Break Revision of 3 rd unit Revision of 4 th unit
Practical will be Conducted	
Aug, 2023	
Practical 1	Sociometry
Practical 2	Leadership Styles
Sept, 2023	
Practical 3	Measurement of Attitude
Practical 4	Stereotypes
Oct, 2023	
Practical 5	Aggression Scale
Practical 6	Prejudice Scale
Nov, 2023	Practical checking and provide time for students who could not complete their practical in the above mentioned schedule.

Sumit

Lesson Plan: 2023-2024
(From 21 July, 2023 to 24 Nov, 2023)

Name of Teacher: Dr. Sunita

Class : B.A. 3rd year (5th Sem)

Subject: Psychology

Paper: Psychopathology

Month	Topic
July, 2023	Meaning of Psychopathology Meaning and concept of Normality Characteristics of Normality Characteristics of Abnormality
Aug, 2023	Criterion of Normality and Abnormality Biological model of Psychopathology Psychodynamic model of Psychopathology Behavioral model of Psychopathology Cognitive model of Psychopathology Meaning of classification Classification of psychopathology Need for classification of psychopathology What is diagnostic assessment Detailed explanation of Case history method Merits and Demerits of Case history method
Sept, 2023	Test 1 Detailed explanation of Interview method Merits and Demerits of Interview method What is projective Technique? Different type of projective Techniques Merits and Demerits of projective Techniques What do you mean by anxiety based disorder What is Generalized anxiety Disorder? Causes ,Symptoms, Prevention of GAD What is Obsessive Compulsive Disorder? Causes ,Symptoms, Prevention of OCD What is Phobic Disorder? Symptoms , causes, prevention of Phobia disorder
Oct, 2023	Meaning and causes of Uni-polar Mood disorder Meaning and causes of Bi-polar Mood disorder Meaning and definition of substance use/drug abuse Symptoms of drug abuse. Causes of substance use/drug abuse Rehabilitation of substance use/drug abuse

Nov, 2023	Revision of 1 st unit Revision of 2 nd unit Diwali Break Revision of 3 rd unit Revision of 4 th unit
Practical will be conducted	
Aug, 2023	
Practical 1	WAT
Practical 2	Depression Inventory
Sept, 2023	
Practical 3	Anxiety Scale
Practical 4	Emotional Intelligence
Oct, 2023	
Practical 5	PGI Memory Scale
Practical 6	DMI
Nov, 2023	Practical checking and provide time for students who could not complete their practical in the above mentioned schedule

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