Name of the Assistant Professor: **Dr. Sunita** Subject: Psychology

Class and section: B.A. 2nd year (3rd Semester) Paper: Social Psychology

Lesson Plan: 18 weeks (From August 2020 to March, 2021)

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| 5th Week, 24-31/08/2020 | Meaning and nature of Social Psychology |
| 1st Week , 1-5/09/2020 | Subject matter of Social Psychology  What is socio-metric method ? |
| 2nd Week , 7-12/09/2020 | Use of socio-metric method in the field of social psychology |
| What is socio-metric matrix? |
| 3rd Week , 14-19/09/2020 | What is socio-gram graph?  Merit of socio-metric method |
| demerits of socio-metric method |
| 4th Week , 21-26/09/2020 | Meaning of socialization  Process of socialization |
| 5th Week , 28-30/09/2020 | Agencies of socialization |
| 1st Week, 01,03/10/2020 | Test-1  Meaning and definition of group |
| 2nd Week, 5-10/10/2020 | Characteristics of group  Formation of group |
| 3rd Week , 12-17/10/2020 | Types of group |
| 4th Week, 19-24/10/2020 | Function of group |
| Meaning and Definition of Social Norms |
| 5th Week , 26-31/10/2020 | Characteristics of Social Norms |
| 1st Week, 2-7/11 /2020 | Formation of Social Norms  Meaning and definition of leadership |
| 2nd week ,9-14/11/2020 | Types of leadership |
| Function of Leadership |
| 3rd Week , 16-21/11/2020 | Trait theory of leadership  Merits and demerits of trait leadership |
| 4th Week, 23-28/11/2020 | Situational theory of leadership |
| Merits and demerits of situational leadership |
| 2nd Week , 07-12/12/2020 | Interactional theory of leadership |
| Merits and demerits of Interactional leadership |
| 4th Week , 21-26/12/2020 | Test  Meaning and definition of Attitude |
| 5th Week, 29-31/12//2020 | Characteristics of attitude |
| Development of attitude |
| 1st Week , 1-2/01/2021 | Factors responsible for attitude change |
| 2nd Week , 04-09/01/2021 | Meaning and definition of prejudice |
| Characteristics of prejudice |
| 3rd Week , 11-16/01/2021 | Development of prejudice |
| Meaning and definition of stereotype |
| Characteristics of stereotype |
| 4th Week , 18-23/01/2021 | Formation of stereotype |
| Meaning and definition of pro-social behavior |
| 5th Week, 25-30/01/2021 | Characteristics of pro-social behavior |
| 1st Week , 1-6/02/2021 | Determinants of Pro-social behavior |
| 2nd Week , 8-13/02/2021 | Cognitive model of Pro-social behavior |
| Meaning and definition of Aggression |
| 3rd Week , 15-20/02/2021 | Characteristics of Aggression |
| Determinants of Aggression |
| 4th Week , 22-27/02/2021 | Determinants of Aggression |
| Prevention of Aggression |
| 1st Week , 1-06/03/2021 | Prevention of Aggression |
| Revision of 1st unit |
| 2nd & 3rd Week ,  8-20/03/2021 | Revision of 2nd unit |
| Revision of 3rd unit |
| Revision of 3rd unit |
| Revision of 4th unit |
| **Practical will be conducted** | |
| Practical 1st - 01/09/2020 to 20/09/2020 | Sociometry |
| Practical 2nd 21/10/2020 to 10/10/2019 | Measurement of Attitude |
| Practical 3rd 11/11/2020 to 30/11/2020 | Stereotypes |
| Practical 4th 01/12/2020 to 20/12/2020 | Aggression Scale |
| Practical 5th 21/12/2020 to 10/01/2021 | Prejudice Scale |
| Practical 6th 11-01-2021 to 30-01-2021 | Leadership Styles |
| Practical  01-02-2021 to 15-03-2021 | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |

**Name of the Assistant Professor**: **Dr. Gobind singh**  **Subject**: Psychology

**Class and section**: B.A. 1st year (1st Sem) **Pape**r: Introduction to psychology

Lesson Plan: 18 weeks (From August 2020 to March, 2021)

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| 5th Week, 24-31/08/2020 | Meaning of psychology and its definition  History of psychology | |
| 1st Week , 1-5/09/2020 | Emergence as science  Parameter of science  Subject matter of psychology | |
| 2nd Week , 7-12/09/2020 | Meaning of experiment  What is experimental method?  Experimental method and psychology  Merits of Experimental method  Demerits of Experimental method | |
| 3rd Week , 14-19/09/2020 | What is observation method?  Observation method and psychology  Merits of observation method  Demerits of observation method | |
| 4th Week , 21-26/09/2020 | What is Survey method? Survey method and psychology  Merits of Survey method & Demerits of Survey method | |
| 5th Week , 28-30/09/2020 | What are sense organs? Meaning of sensory process  Role of eye in our life  Structure and Functioning of Visual process | |
| 1st Week, 01,03/10/2020 | Role of ear in our life  Structure and function of ear in auditory process | |
| 2nd Week, 5-10/10/2020 | Meaning of perception and its definition  Characteristics of perception  Form perception | |
| 4th Week, 19-24/10/2020 | Perceptual organization process  What are cues in perception  Monocular cues in perception | |
| 5th Week , 26-31/10/2020 | Binocular cues in perception  Meaning of Emotion and its definition  Characteristics of emotion | |
| 1st Week, 2-7/11 /2020 | External bodily changes  Internal bodily changes | |
| 2nd week ,9-14/11/2020 | Role of theories to define the emotion | |
| 3rd Week , 16-21/11/2020 | Theory of James-Lange  Criticism of James-Lange theory | |
| 4th Week, 23-28/11/2020 | Theory of Canon-Bard  Criticism of Canon-Bard theory | |
| 2nd Week , 07-12/12/2020 | Theory of Schachter-Singer  Criticism of Schachter-Singer theory | |
| 4th Week , 21-26/12/2020 | Meaning of motivation | |
| 5th Week, 29-31/12//2020 | Determinants of motive | |
| 1st Week , 1-2/01/2021 | Test  Discussion on test 1 | |
| 2nd Week , 04-09/01/2021 | Process of Motivation cycle  Explanation of Need, drive, and Incentive | |
| 3rd Week , 11-16/01/2021 | Biological (Inherent) motive | |
| 4th Week , 18-23/01/2021 | Psychological (Acquired) motives  Test  Meaning and nature of personality | |
| 5th Week, 25-30/01/2021 | Biological Determinants of personality | |
| 1st Week , 1-6/02/2021 | Social Determinants of personality  Psychological Determinants of personality | |
| 2nd Week , 8-13/02/2021 | Meaning of trait and type theory of personality  Type theory  Trait theory | |
| 3rd Week , 15-20/02/2021 | Detailed explanation of intelligence  Explanation of spearman theory of intelligence  Criticism of spearman theory of intelligence | |
| 4th Week , 22-27/02/2021 | Explanation of Thurstone theory of intelligence  Criticism of Thurstone theory of intelligence | |
| 1st Week , 1-06/03/2021 | Explanation of Cattell theory of intelligence  Criticism of Cattell theory of intelligence | |
| 2nd & 3rd Week ,  8-20/03/2021 | Revision of 1st unit  Revision of 2nd unit  Revision of 3rd unit  Revision of 4th unit | |
| **Practical will be Conducted** | | |
| Practical 1st - 01/09/2020 to 20/09/2020 | | EPQ/EPI |
| Practical 2nd 21/10/2020 to 10/10/2019 | | Sound Localization |
| Practical 3rd 11/11/2020 to 30/11/2020 | | Study of emotions. |
| Practical 4th 01/12/2020 to 20/12/2020 | | Simple reaction time |
| Practical 5th 21/12/2020 to 10/01/2021 | | Performance Test of Intelligence/RPM. |
| Practical 6th 11-01-2021 to 30-01-2021 | | Observation (Speed & accuracy) |
| Practical  01-02-2021 to 15-03-2021 | | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |

**Name of the Assistant Professor**: **Dr. Gobind singh** **& Dr.Sunita**

**Subject**: Psychology

**Class and section**: B.A. III rd year (5th  Sem) **Pape**r: Psychopathology

Lesson Plan: 18 weeks (From August 2020 to March, 2021)

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| 5th Week, 24-31/08/2020 | Meaning and concept of Normality  Characteristics of Normality & Abnormality | |
| 1st Week , 1-5/09/2020 | Criterion of Normality and Abnormality | |
| 2nd Week , 7-12/09/20 | Meaning of Psychopathology  What do you mean by model? | |
| 3rd Week , 14-19/09/2020 | Detailed explanation of Biological model | |
| 4th Week , 21-26/09/2020 | Detailed explanation of Psychodynamic model  Psychological causes of psychopathology | |
| 5th Week , 28-30/09/2020 | Detailed explanation of Behavioral model  Behavioral causes of psychopathology | |
| 1st Week, 01,03/10/2020 | Detailed explanation of Cognitive model  Causes leads to cognitive impairment | |
| 2nd Week, 5-10/10/2020 | Meaning of classification  Classification of psychopathology | |
| 3rd Week , 12-17/10/2020 | Need for classification of psychopathology  What is diagnostic assessment | |
| 4th Week, 19-24/10/2020 | Detailed explanation of Case history method | |
| 5th Week , 26-31/10/2020 | Merits and Demerits of Case history method | |
| 1st Week, 2-7/11 /2020 | Detailed explanation of Interview method | |
| 2nd week ,9-14/11/2020 | Merits and Demerits of Interview method  Test 1 | |
| 3rd Week , 16-21/11/2020 | Different type of projective Techniques | |
| 4th Week, 23-28/11/2020 | What is projective Technique?  Merits and Demerits of projective Techniques | |
| 2nd Week , 07-12/12/2020 | What do you mean by anxiety based disorder | |
| 4th Week , 21-26/12/2020 | Detailed explanation of GAD  Causes of GAD | |
| 5th Week, 29-31/12//2020 | Symptoms of GAD  Prevention of GAD | |
| 1st Week , 1-2/01/2021 | Detailed explanation of OCD  Symptoms of OCD | |
| 2nd Week , 04-09/01/2021 | Causes of OCD  Prevention of OCD | |
| 3rd Week , 11-16/01/2021 | Detailed explanation of Phobia disorder  Symptoms of Phobia disorder | |
| 4th Week , 18-23/01/2021 | Causes of Phobia disorder | |
| 5th Week, 25-30/01/2021 | Prevention & treatment of Phobia disorder | |
| 1st Week , 1-6/02/2021 | Meaning of Mood disorder  Meaning of Unipolar Mood disorder  Causes of Unipolar Mood disorder | |
| 2nd Week , 8-13/02/2021 | Symptoms of Unipolar Mood disorder  Treatment of Unipolar Mood disorder | |
| 3rd Week , 15-20/02/2021 | Meaning of Biopolar Mood disorder  Causes of Bipolar Mood disorder | |
| 4th Week , 22-27/02/2021 | Meaning and definition of substance use/drug abuse  Causes of substance use/drug abuse | |
| 1st Week , 1-06/03/2021 | Rehabilitation of substance use/drug abuse | |
| 2nd & 3rd Week ,  8-20/03/2021 | Revision of all Units | |
| **Practical will be conducted** | | |
| Practical 1st - 01/09/2020 to 20/09/2020 | | WAT |
| Practical 2nd 21/10/2020 to 10/10/2019 | | Depression Inventory |
| Practical 3rd 11/11/2020 to 30/11/2020 | | Anxiety Scale |
| Practical 4th 01/12/2020 to 20/12/2020 | | Emotional Intelligence |
| Practical 5th 21/12/2020 to 10/01/2021 | | PGI Memory Scale |
| Practical 6th 11-01-2021 to 30-01-2021 | | DMI |
| Practical  01-02-2021 to 15-03-2021 | | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |