Name of the Assistant Professor: **Dr. Sunita** Subject: Psychology

Class and section: B.A. 2nd year (3rd Semester) Paper: Social Psychology

 Lesson Plan: 18 weeks (From August 2020 to March, 2021)

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| 5th Week, 24-31/08/2020 | Meaning and nature of Social Psychology |
| 1st Week , 1-5/09/2020 | Subject matter of Social Psychology What is socio-metric method ? |
| 2nd Week , 7-12/09/2020 | Use of socio-metric method in the field of social psychology  |
| What is socio-metric matrix? |
| 3rd Week , 14-19/09/2020 | What is socio-gram graph?Merit of socio-metric method |
| demerits of socio-metric method |
| 4th Week , 21-26/09/2020 | Meaning of socialization Process of socialization |
| 5th Week , 28-30/09/2020 | Agencies of socialization |
| 1st Week, 01,03/10/2020 | Test-1Meaning and definition of group |
| 2nd Week, 5-10/10/2020 | Characteristics of groupFormation of group  |
| 3rd Week , 12-17/10/2020 | Types of group |
| 4th Week, 19-24/10/2020 | Function of group |
| Meaning and Definition of Social Norms |
| 5th Week , 26-31/10/2020 | Characteristics of Social Norms |
| 1st Week, 2-7/11 /2020 | Formation of Social NormsMeaning and definition of leadership |
| 2nd week ,9-14/11/2020 | Types of leadership |
| Function of Leadership  |
| 3rd Week , 16-21/11/2020 | Trait theory of leadershipMerits and demerits of trait leadership |
| 4th Week, 23-28/11/2020 | Situational theory of leadership |
| Merits and demerits of situational leadership |
| 2nd Week , 07-12/12/2020 | Interactional theory of leadership |
| Merits and demerits of Interactional leadership |
| 4th Week , 21-26/12/2020 | Test Meaning and definition of Attitude |
| 5th Week, 29-31/12//2020 | Characteristics of attitude |
| Development of attitude |
| 1st Week , 1-2/01/2021 | Factors responsible for attitude change |
| 2nd Week , 04-09/01/2021 | Meaning and definition of prejudice |
| Characteristics of prejudice |
| 3rd Week , 11-16/01/2021 | Development of prejudice |
| Meaning and definition of stereotype |
| Characteristics of stereotype |
| 4th Week , 18-23/01/2021 | Formation of stereotype |
| Meaning and definition of pro-social behavior |
| 5th Week, 25-30/01/2021 | Characteristics of pro-social behavior |
| 1st Week , 1-6/02/2021 | Determinants of Pro-social behavior |
| 2nd Week , 8-13/02/2021 | Cognitive model of Pro-social behavior |
| Meaning and definition of Aggression  |
| 3rd Week , 15-20/02/2021 | Characteristics of Aggression |
| Determinants of Aggression |
| 4th Week , 22-27/02/2021 | Determinants of Aggression |
| Prevention of Aggression |
| 1st Week , 1-06/03/2021 | Prevention of Aggression |
| Revision of 1st unit |
| 2nd & 3rd Week ,8-20/03/2021 | Revision of 2nd unit |
| Revision of 3rd unit |
| Revision of 3rd unit |
| Revision of 4th unit |
| **Practical will be conducted** |
| Practical 1st - 01/09/2020 to 20/09/2020 | Sociometry |
| Practical 2nd 21/10/2020 to 10/10/2019 | Measurement of Attitude |
| Practical 3rd 11/11/2020 to 30/11/2020 | Stereotypes |
| Practical 4th 01/12/2020 to 20/12/2020 | Aggression Scale |
| Practical 5th 21/12/2020 to 10/01/2021 | Prejudice Scale |
| Practical 6th 11-01-2021 to 30-01-2021 | Leadership Styles |
| Practical 01-02-2021 to 15-03-2021 | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |

**Name of the Assistant Professor**: **Dr. Gobind singh**  **Subject**: Psychology

**Class and section**: B.A. 1st year (1st Sem) **Pape**r: Introduction to psychology

 Lesson Plan: 18 weeks (From August 2020 to March, 2021)

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| --- | --- |
| 5th Week, 24-31/08/2020 | Meaning of psychology and its definition History of psychology |
| 1st Week , 1-5/09/2020 | Emergence as scienceParameter of scienceSubject matter of psychology |
| 2nd Week , 7-12/09/2020 | Meaning of experimentWhat is experimental method?Experimental method and psychology  Merits of Experimental methodDemerits of Experimental method |
| 3rd Week , 14-19/09/2020 | What is observation method?Observation method and psychologyMerits of observation method  Demerits of observation method |
| 4th Week , 21-26/09/2020 | What is Survey method? Survey method and psychology Merits of Survey method & Demerits of Survey method |
| 5th Week , 28-30/09/2020 | What are sense organs? Meaning of sensory processRole of eye in our lifeStructure and Functioning of Visual process |
| 1st Week, 01,03/10/2020 | Role of ear in our lifeStructure and function of ear in auditory process |
| 2nd Week, 5-10/10/2020 | Meaning of perception and its definitionCharacteristics of perceptionForm perception |
| 4th Week, 19-24/10/2020 | Perceptual organization processWhat are cues in perceptionMonocular cues in perception |
| 5th Week , 26-31/10/2020 | Binocular cues in perception Meaning of Emotion and its definitionCharacteristics of emotion |
| 1st Week, 2-7/11 /2020 | External bodily changes Internal bodily changes  |
| 2nd week ,9-14/11/2020 | Role of theories to define the emotion |
| 3rd Week , 16-21/11/2020 | Theory of James-LangeCriticism of James-Lange theory |
| 4th Week, 23-28/11/2020 | Theory of Canon-BardCriticism of Canon-Bard theory |
| 2nd Week , 07-12/12/2020 | Theory of Schachter-SingerCriticism of Schachter-Singer theory |
| 4th Week , 21-26/12/2020 | Meaning of motivation |
| 5th Week, 29-31/12//2020 | Determinants of motive |
| 1st Week , 1-2/01/2021 | TestDiscussion on test 1 |
| 2nd Week , 04-09/01/2021 | Process of Motivation cycleExplanation of Need, drive, and Incentive |
| 3rd Week , 11-16/01/2021 | Biological (Inherent) motive |
| 4th Week , 18-23/01/2021 | Psychological (Acquired) motivesTestMeaning and nature of personality |
| 5th Week, 25-30/01/2021 | Biological Determinants of personality |
| 1st Week , 1-6/02/2021 | Social Determinants of personality Psychological Determinants of personality |
| 2nd Week , 8-13/02/2021 | Meaning of trait and type theory of personalityType theoryTrait theory |
| 3rd Week , 15-20/02/2021 | Detailed explanation of intelligenceExplanation of spearman theory of intelligenceCriticism of spearman theory of intelligence |
| 4th Week , 22-27/02/2021 | Explanation of Thurstone theory of intelligenceCriticism of Thurstone theory of intelligence |
| 1st Week , 1-06/03/2021 | Explanation of Cattell theory of intelligenceCriticism of Cattell theory of intelligence |
| 2nd & 3rd Week ,8-20/03/2021 | Revision of 1st unitRevision of 2nd unitRevision of 3rd unitRevision of 4th unit |
| **Practical will be Conducted** |
| Practical 1st - 01/09/2020 to 20/09/2020 |  EPQ/EPI  |
| Practical 2nd 21/10/2020 to 10/10/2019 | Sound Localization |
| Practical 3rd 11/11/2020 to 30/11/2020 | Study of emotions. |
| Practical 4th 01/12/2020 to 20/12/2020 | Simple reaction time |
| Practical 5th 21/12/2020 to 10/01/2021 | Performance Test of Intelligence/RPM. |
| Practical 6th 11-01-2021 to 30-01-2021 | Observation (Speed & accuracy) |
| Practical 01-02-2021 to 15-03-2021 | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |

**Name of the Assistant Professor**: **Dr. Gobind singh** **& Dr.Sunita**

**Subject**: Psychology

**Class and section**: B.A. III rd year (5th  Sem) **Pape**r: Psychopathology

 Lesson Plan: 18 weeks (From August 2020 to March, 2021)

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| --- | --- |
| 5th Week, 24-31/08/2020 | Meaning and concept of NormalityCharacteristics of Normality & Abnormality |
| 1st Week , 1-5/09/2020 | Criterion of Normality and Abnormality |
| 2nd Week , 7-12/09/20 | Meaning of PsychopathologyWhat do you mean by model? |
| 3rd Week , 14-19/09/2020 | Detailed explanation of Biological model  |
| 4th Week , 21-26/09/2020 | Detailed explanation of Psychodynamic modelPsychological causes of psychopathology |
| 5th Week , 28-30/09/2020 | Detailed explanation of Behavioral modelBehavioral causes of psychopathology  |
| 1st Week, 01,03/10/2020 | Detailed explanation of Cognitive modelCauses leads to cognitive impairment  |
| 2nd Week, 5-10/10/2020 | Meaning of classificationClassification of psychopathology  |
| 3rd Week , 12-17/10/2020 | Need for classification of psychopathologyWhat is diagnostic assessment  |
| 4th Week, 19-24/10/2020 | Detailed explanation of Case history method |
| 5th Week , 26-31/10/2020 | Merits and Demerits of Case history method |
| 1st Week, 2-7/11 /2020 | Detailed explanation of Interview method  |
| 2nd week ,9-14/11/2020 | Merits and Demerits of Interview method Test 1 |
| 3rd Week , 16-21/11/2020 | Different type of projective Techniques |
| 4th Week, 23-28/11/2020 | What is projective Technique?Merits and Demerits of projective Techniques |
| 2nd Week , 07-12/12/2020 | What do you mean by anxiety based disorder |
| 4th Week , 21-26/12/2020 | Detailed explanation of GADCauses of GAD |
| 5th Week, 29-31/12//2020 | Symptoms of GADPrevention of GAD |
| 1st Week , 1-2/01/2021 | Detailed explanation of OCD Symptoms of OCD |
| 2nd Week , 04-09/01/2021 | Causes of OCDPrevention of OCD  |
| 3rd Week , 11-16/01/2021 | Detailed explanation of Phobia disorderSymptoms of Phobia disorder |
| 4th Week , 18-23/01/2021 | Causes of Phobia disorder |
| 5th Week, 25-30/01/2021 | Prevention & treatment of Phobia disorder |
| 1st Week , 1-6/02/2021 | Meaning of Mood disorderMeaning of Unipolar Mood disorderCauses of Unipolar Mood disorder |
| 2nd Week , 8-13/02/2021 | Symptoms of Unipolar Mood disorderTreatment of Unipolar Mood disorder |
| 3rd Week , 15-20/02/2021 | Meaning of Biopolar Mood disorderCauses of Bipolar Mood disorder |
| 4th Week , 22-27/02/2021 | Meaning and definition of substance use/drug abuseCauses of substance use/drug abuse  |
| 1st Week , 1-06/03/2021 | Rehabilitation of substance use/drug abuse |
| 2nd & 3rd Week ,8-20/03/2021 | Revision of all Units  |
| **Practical will be conducted** |
| Practical 1st - 01/09/2020 to 20/09/2020 | WAT |
| Practical 2nd 21/10/2020 to 10/10/2019 | Depression Inventory |
| Practical 3rd 11/11/2020 to 30/11/2020 | Anxiety Scale |
| Practical 4th 01/12/2020 to 20/12/2020 | Emotional Intelligence |
| Practical 5th 21/12/2020 to 10/01/2021 | PGI Memory Scale |
| Practical 6th 11-01-2021 to 30-01-2021 | DMI |
| Practical 01-02-2021 to 15-03-2021 | *Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule* |